



MISAWA AIR BASE COVID-19 DIRECTIVE



EFFECTIVE DATE: 9 September 2022

NOTICE: Commanders will implement the below procedures effective as of the above date. Subordinate or tenant commands may make more restrictive guidance but not less restrictive. These restrictions apply to all personnel present on, or assigned to Misawa AB, including but not limited to: US military personnel, US civilian employees, all dependents, DOD retirees, host-nation employees, contractors, and any other persons accessing Misawa AB (Misawa Members). Any military member who fails to comply with this directive may be subject to punishment under the Uniform Code of Military Justice (UCMJ). Those not subject to the UCMJ may be subject to other administrative actions.

SITUATION: Misawa AB has taken measures to protect members of our installation and community through directives and proactive measures to prevent COVID-19 transmission. This directive will be used in conjunction with the “Weekly Hot Spot Annex” and aided pictorially by the “On and Off-Base Activity Guide” Infographic.

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Misawa Air Base COVID webpage:

<https://www.misawa.af.mil/COVID-19-Information/>

Kadena Air Base (Okinawa) COVID webpage:

<https://www.kadena.af.mil/coronavirus/>

Yokota Air Base (Tokyo) COVID webpage:

<https://www.yokota.af.mil/COVID-19/>

CDC COVID webpage:

<https://www.cdc.gov/COVID-19/2019-nCoV/index.html/>

DoD Latest Guidance:

<https://www.defense.gov/Explore/Spotlight/Coronavirus/Latest-DOD-Guidance/>

TEAM	CONTACT INFORMATION	I HAVE A QUESTION ABOUT...
Contingency Lodging	35fss.fsvs.contingencylodging@us.af.mil DSN 315-226-2082 Stand by: 080-8764-9991	Reservations for ISO towers Issues with room in ISO towers Keys for room in ISO tower Check-in/Check-out of ISO towers
35th FW COVID Cell	35fw.covidcell@us.af.mil DSN 315-226-2082 Commercial: 0176-77-2082	35 FW COVID-19 policies & guidance COVID Testing & Results Release from Isolation

SUMMARY OF CHANGES

1. **(Removed)** Definitions & Instructions: Working ROM
2. **(Change)** Definitions & Instructions: Close Contact definition
3. **(Changed)** Leave in locations OUTSIDE of Japan, to include the United States:
 - a. Must be approved by the Unit Commander or higher in the chain of command
4. **(Change)** Off-base Liberties: Children age 6 and below not required to wear mask in local community.
5. **(Removed)** Children under the age of 2 are exempt from pre-departure testing but will be subject to entry testing at commercial airports in Japan if they did not receive a negative molecular pre-departure test.
6. **(Change)** Traveling into Japan:
 - a. There is no testing requirement for passengers who are fully vaccinated and have received at least 1 booster dose of any COVID-19 vaccine.
 - (1) Patriot Express Passengers who have a documented recovery from COVID-19 within 90 days of travel will not require entry testing. (See section on [COVID testing](#) and Results for more details)
 - b. For all other passengers: Testing is required within 3 days prior to departure regardless of age. (See section on [COVID testing](#) and Results for more details). Members will maintain proof of the negative test during travel. COVID Tests can be obtained by following the guidance located under [COVID testing](#).
 - (1) Testing may be waived for MILAIR or Space-A flights to Japan if it is not available or cannot be conducted in a timely manner upon approval from the first O-6 in the member's chain of command. The ETP must identify the travelers unable to test and the reason a test was not possible. If an ETP is granted, member is restricted to their destination domicile or residence until in receipt of the first negative COVID-19 test.
7. **(Change)** Pre-travel testing requirements changed from 72 hours to 3 days.
8. **(Change)** Not 'up-to-date' vaccinated and unvaccinated Close Contacts required to installation ROM for 5 days after last exposure.
9. **(Change)** Travelers requiring pre-departure tests for commercial travel and unable to accomplish drive-thru testing must schedule a test through their PCM.
10. **(Change)** Members using self-test kit for quarantine release must test on day 4 and 5 with a minimum of 24 hours between tests.
11. **(Change)** Members, flying MILAIR or Patriot Express to Japan unable to receive a COVID-19 test within 3 days of their travel may request an ETP from the first O-6 in their chain of command.
12. **(Addition)** Travelers transiting Japan on MILAIR and Patriot Express flights who make temporary or unexpected stop due to maintenance or weather are exempt from arrival testing as long as they remain on installation.
13. **(Removed)** Patriot Express passengers requiring testing prior to travel to Korea will be tested at the AMC terminal the morning of the flight.
14. **(Removed)** 35th FW COVID Cell will provide results to Patriot Express flights to South Korea.

DEFINITIONS & INSTRUCTIONS

1. **Fully Vaccinated:** An individual vaccinated with an authorized COVID-19 vaccine who is more than 2 weeks following receipt of the second dose in a two-dose vaccination series, or more than 2 weeks following receipt of one dose of a single-dose vaccine.
 - a. **'Up to date' on COVID-19 vaccination:** Members are fully vaccinated and up to date on COVID-19 vaccination if they are within 5 months of completion of an mRNA vaccine series or 2 months of a J&J vaccine dose OR have completed all recommended booster doses in accordance with CDC guidance at <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html>.
 - b. **Not 'up to date' on COVID-19 vaccination after completion of a primary series:** Those who are more than 5 months after mRNA vaccine series completion or more than 2 months after a J&J vaccine dose AND have not completed all recommended boosters' shots in accordance with CDC guidance at <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html>.
2. **Unvaccinated:** Those who have not completed a two-dose vaccination series or a single dose in a single-dose vaccine or are within 2 weeks of their last dose.
 - a. Individuals' ineligible for their initial series will be considered unvaccinated

3. **Recovered COVID-19 Positive Members (Post Isolation):** Those who have recovered from COVID-19 after a positive test within 90 days and completed their prescribed isolation.
 - a. Previous results will be reviewed by a unit travel coordinator who has been designated in writing to perform this function or competent medical authority. All travelers will carry a physical or electronic copy of their appropriate documentation approved by a competent medical authority (CMA).
 - b. Members who have tested positive for COVID-19 within 90 days are exempt from all COVID testing with exception to commercial travel entry tests (Spit test). If the member tests negative, they can continue their travel as normal. If the member tests positive they will be transported to Yokota AB and follow the guidance of the CMA.
4. **Restriction of Movement (ROM):** Limiting movement of an individual or group to prevent or diminish the transmission of a communicable disease, including limiting ingress and egress to, from, or on a military installation; isolation; quarantine; and conditional release (DoDI 6200.03) Service members restricted to residence or other appropriate domicile, limit close contact with others, separate from others in the home, avoid sharing personal items, avoid interaction with pets or other animals. Do not travel, visit public or crowded areas, or use public transportation (OSD).
5. **Installation ROM:** Installation ROM allows for a lower degree of restriction on movement than a Working ROM and can be applied when risk considered is only moderately elevated. Installation ROM can be applied for travel from outside Japan as authorized by the Deputy Commander, USFJ. Installation ROM for travel within Japan can be authorized by the Naval Air Facility Commander for all Navy personnel and the Misawa Installation Commander for all other Misawa AB community members. Restrictions during an Installation ROM include:
 - a. A restriction to base only in which the member cannot leave base but may otherwise assume the COVID-19 posture outlined in the "On Base Liberties" and the "Weekly Hot Spot Annex."
 - b. The member will be permitted to utilize base facilities during the Installation ROM period.
6. **Close Contacts:** Someone who was less than 6 feet away from an infected person (laboratory-confirmed or a clinical diagnosis) for a cumulative total of 15 minutes or more over a 24-hour period.

BASE ACCESS FOR VISITORS (OFFICIAL and UNOFFICIAL TRAVEL)

1. All visitors (personnel not permanently assigned to Misawa AB) will comply with USFJ and Misawa AB travel guidance.
2. Visitors who have traveled to any of the restricted "red" areas identified in the "Weekly Hot Spot Annex" (depending on vaccination status), or an installation currently in Health Protection Condition (HPCON) Charlie or higher in the past 7 days, based on their vaccination status requires a Misawa Unit Commander or higher to assess risk prior to approving access to Misawa AB.
 - a. Unit Commanders will utilize the "Pre-Arrival Health Screening (TDY to Misawa)."
 - b. Unit Commanders must coordinate with Public Health for risk assessment prior to approval.
 - c. Unit Commanders are allowed to implement a working ROM as a mitigation measure if risk assessment is elevated.
 - d. Visitors without a sponsoring Misawa Unit Commander should submit requests to the Wing COVID Cell (226-2082) and the MSG/CC or MSG/CD will be the approval authority.
3. Non-SOFA Contractors: May continue to access Misawa AB solely to fulfill their contractual obligations according to the Misawa AB contractor mitigation plan.
4. All active, activated reserve and guard component personnel (to include DOD civilian and contract personnel IAW their statement of work) deployed or TDY to Japan greater than 30 days must be fully vaccinated prior to entry into Japan. This includes operation movement of units, Individual aughtees, and exercise support personnel.
5. When the Local Community Level is High, Official visitors must complete the DD3150 and if not fully vaccinated will require a COVID-19 test within 72 hours of access to DoD buildings on MAB in accordance with DoD policy.

ON-BASE LIBERTIES

1. Active on-base restrictions and gathering limits will be published in the "Weekly Hot Spot Annex."
2. Refer to the following websites for the latest updates:
 - a. Misawa Air Base Facebook page: <https://www.facebook.com/MisawaAirBase/> (primary base updates)
 - b. 35th Force Support Squadron: <https://35fss.com/covid/> (for updated FSS events and program operations and hours)
 - c. Misawa Air Base COVID-19 Information: <https://www.misawa.af.mil/COVID-19-Information/>
3. Mask use and wearing.

- a. No longer required to wear a mask while indoors or outdoors on Misawa AB regardless of vaccination status.
 - (1) Personnel will continue to wear masks when entering all medical, dental, veterinary, AMC and JASDF facilities.
 - (2) Masks will also be worn on all DoD public transportation that departs USFJ installations (e.g., ITT trips, School field trips and sporting events busses).
 - b. Individuals may continue to wear masks on the installation at their discretion.
 - c. Individuals with COVID-19 symptoms, a positive COVID-19 test, or exposure to a COVID-19 positive individual will wear a mask for 10 days after exposure, positive test, or onset of symptoms.
 - d. Members will seek and follow mask wear policy when visiting other USFJ installations.
 - e. CDC Considerations for Wearing Masks including mask styles that are not recommended for use: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/cloth-face-cover-guidance.html>
4. When the COVID-19 Community Level is High, organizers of meetings, events, and conferences of 50 or more will require all attendees to show a completed DD Form 3150 "COVID-19 Certification of Vaccination." When the COVID-19 Community Level is High or Medium, attendees who are not fully vaccinated (or who decline to provide information about their vaccination status) may not attend the event if they do not show the organizer proof of a negative FDA-approved COVID-19 test completed no earlier than 72 hours prior.
- a. Meetings do not include military training and exercise events or DODEA activities.
 - b. Weekly screening tests will meet this requirement.

OFF-BASE LIBERTIES

1. Active off-base restrictions and gathering limits will be published in the "Weekly Hot Spot Annex."
2. While off USFJ installations, all personnel are required to wear masks indoors regardless of vaccination status.
 - a. Members will follow host nation and local community policies and practices regarding mask wear. Examples listed below.
 - b. Members may remove their masks outdoors when they can maintain social distancing (6ft) measures.
 - c. Family members and people who regularly interact with each other may be within the (6ft) social distance without a mask outdoors.
 - d. Pre-elementary (age 6 and below) children are not required to wear a mask outdoors.
3. Members will maintain social awareness, avoid large crowds/congested areas, and adjust plans as necessary to avoid exposure risk.
4. Misawa members are authorized to use commercial public transportation throughout Japan unless otherwise restricted in the Weekly Hotspot Annex.
 - a. Members will adhere to the same social distancing and hygiene rules as listed above.
 - b. Unless specifically identified in the "Weekly Hot Spot Annex," all airport and train stations are authorized for use with the stipulation that members will leave the restricted area as quickly as possible via connecting flight, POV, train, or rental vehicle.
 - c. In high traffic terminals, personnel need to be extra vigilant and maintain social distancing.
5. Public Health recommends Misawa members should minimize contact with Not 'Up to Date' and 'Unvaccinated' persons who have been in restricted areas in the past 7 days. If personnel have known close contact with Not 'Up to Date' and 'Unvaccinated' individuals with recent travel to restricted areas or individuals with symptoms suggestive of COVID-19 infection, they should contact public health or their unit leadership for guidance.
6. Members traveling to other U.S. installations must adhere to all COVID-19 policies of that installation or Misawa AB directives, whichever is most restrictive.
7. While off-base, Misawa AB members will follow guidelines in alignment with the local community or prefecture.

OFFICIAL TRAVEL

1. Individuals who are not fully vaccinated (or who decline to provide information about their vaccination status) are limited to "mission-critical" travel, both domestic and international per DOD policy. This applies to uniformed personnel, DoD Civilian employees, and contractor personnel (if DoD-funded travel).
 - a. Commanders of service components, direct reporting units and of sub-unified commands are delegated the authority to determine whether travel is mission critical.

2. Review your destination's ROM & testing requirements prior to travel.
3. Supervisors will ensure that the "Pre-Departure COVID-19 Traveler's Risk Brief" is conducted for all members traveling outside the local area as defined in the NOTAM (areas approved for travel but not in exceptions)
4. Traveling into Japan:
 - a. There is no testing requirement for passengers who are fully vaccinated and have received at least 1 booster dose of any COVID-19 vaccine.
 - (1) Patriot Express Passengers who have a documented recovery from COVID-19 within 90 days of travel will not require entry testing. (See section on [COVID testing](#) and Results for more details)
 - b. For all other passengers: Testing is required within 3 days prior to departure regardless of age. (See section on [COVID testing](#) and Results for more details). Members will maintain proof of the negative test during travel. COVID Tests can be obtained by following the guidance located under [COVID testing](#).
 - (1) Testing may be waived for MILAIR or Space-A flights to Japan if it is not available or cannot be conducted in a timely manner upon approval from the first O-6 in the member's chain of command. The ETP must identify the travelers unable to test and the reason a test was not possible. If an ETP is granted, member is restricted to their destination domicile or residence until in receipt of the first negative COVID-19 test.
5. If short notice testing is required, First Sergeant or Sq CC should notify COVID Cell (226-2082).
6. Service members must remain in contact with their losing commands and MPFs. Members must immediately inform losing commanders of any deviations in travel due to COVID-19.
7. May require ROM & testing at destination depending on vaccination status or HN requirements.

LEAVE/PASSES AND UNOFFICIAL TRAVEL

1. Leave and passes are authorized as outlined in WEASEL NOTAM – 35FW-16-23 with the following exceptions:
 - a. Locations that would require leave as outlined in the NOTAM must be approved by the Unit Commander or higher in the chain of command.
 - b. Leave in locations OUTSIDE of Japan, to include the United States:
 - (1) Must be approved by the Unit Commander or higher in the chain of command
 - (2) May require ROM at destination depending on vaccination status.⁽¹⁾⁽³⁾
 - c. Leave/pass INSIDE a restricted area identified in the most recent "Weekly Hot Spot Annex":
 - (1) Must be approved by the Unit Commander or higher in the chain of command.
 - d. Supervisors will ensure that the "Pre-Departure COVID-19 Traveler's Risk Brief" is conducted for all members traveling outside the local area as defined in the NOTAM (areas approved for travel but not in exceptions).
2. Members traveling to other installations must adhere to all COVID policies of that installation or Misawa AB directives, whichever is most restrictive.
3. Traveling into Japan:
 - a. There is no testing requirement for passengers who are fully vaccinated and have received at least 1 booster dose of any COVID-19 vaccine.
 - (1) Patriot Express Passengers who have a documented recovery from COVID-19 within 90 days of travel will not require entry testing. (See section on [COVID testing](#) and Results for more details)
 - b. For all other passengers: Testing is required within 3 days prior to departure regardless of age. (See section on [COVID testing](#) and Results for more details). Members will maintain proof of the negative test during travel. COVID Tests can be obtained by following the guidance located under [COVID testing](#).
 - (1) Testing may be waived for MILAIR or Space-A flights to Japan if it is not available or cannot be conducted in a timely manner upon approval from the first O-6 in the member's chain of command. The ETP must identify the travelers unable to test and the reason a test was not possible. If an ETP is granted, member is restricted to their destination domicile or residence until in receipt of the first negative COVID-19 test.
4. If short notice testing is required, First Sergeant or Sq CC should notify COVID Cell (226-2082).
 - a. Travelers who have recovered from COVID-19 infection within the past 90 days are required to present:
 - (1) Documentation of positive test result, must state "Positive," "SARS-CoV-2 RNA Detected," "SARS-CoV-2 Antigen

Detected,” or “COVID-19 Detected.”

- (2) Signed letter on official letterhead containing name address, and phone number of licensed healthcare provider or public health official stating passenger is cleared for travel
- (3) Documentation and letter personal identifiers (name, birth date) must match other travel documents

COMMERCIAL & PUBLIC TRAVEL

1. **Commercial Travel:** Personnel and US contractors (traveling officially and unofficially) may utilize commercial transportation, with the following stipulations:
2. Commercial international travel departing Japan, members will adhere to “Off-Base Liberties.”
3. Commercial travel entering Japan will adhere to their pre-departure testing status as indicated below.
 - a. Travelers that are fully vaccinated and have received at least 1 booster dose do not have any COVID testing requirement.
 - b. Members that received a negative molecular (nucleic acid amplification test i.e. RT-PCR, LAMP, TMA, NEAR) COVID-19 pre-departure test within 3 days of international departure will be exempt from entry testing regardless of vaccination status. These travelers may proceed through the “Blue” line at the commercial airports and continue their travel as normal.
 - c. Travelers that received an alternative viral (antigen) pre-departure test or are a recovered positive within 90 days without a negative pre-departure test must self-identify at the airport. These travelers will proceed through the “Yellow” line at the commercial airport and will require a negative COVID-19 entry test before they can continue their travel regardless of vaccination status.
 - d. An international entry test (spit test) at a commercial airport will meet the entry testing requirement. Travelers **will wait** for their entry test results (approx. 1-2hr wait) at the airport before continuing with any public transportation.
 - (1) **If negative**, members will receive their COVID test result and will have it readily available for the duration of their travels.
 - (2) **If positive**, the member or sponsor will contact Yokota AB for instructions and transportation to Yokota AB at DSN: 225-1012 or afterhours COMM: 090-6957-3728. The member will isolate at Yokota AB until cleared by a CMA.
4. Members that have recovered from a previous COVID-19 infection in the past 90 days will be required to test upon arrival to Japanese commercial airports if they do not have a negative molecular pre-departure test.
 - a. **If positive**, the member or sponsor will contact Yokota AB for instructions & transportation to Yokota AB DSN: 225-1012 afterhours COMM: 090-6957-3728. The member isolate at Yokota AB until a CMA approves an alternate plan.
5. When scheduling connecting flights, members should allow a **5-hour** gap between arrival and departing flights to allow for completion of COVID testing and processing through customs and immigration.
6. Upon arrival/return to Misawa AB, members must notify their Unit.

QUARANTINE & ISOLATION INSTRUCTIONS

1. **Quarantine:** Quarantine is applied when an individual has a high-risk exposure to COVID-19 as an identified close contact of an individual known to be positive for COVID-19. Measures during Quarantine at MAB include:
 - a. Medical clearance from quarantine requires completing the prescribed quarantine period for the members vaccination status:
 - (1) **‘Up to Date’ Vaccinated or Recovered COVID-19 (within 90 days)**– No restrictions will be required if member remains asymptomatic, but a COVID test on day 5 must be accomplished unless member has recovered from COVID-19 within 90 days. During the first 10-days member will practice the ‘additional safety measures’ below.
 - (2) **Not ‘Up to Date’ Vaccinated or Unvaccinated**– Individuals will remain on installation ROM for a minimum of 5 days and obtain a COVID test on day 5. If negative and asymptomatic after 5 days, personnel may be released from Installation ROM and practice ‘additional safety measures’ listed below for total of 10 days.
 - (3) **Additional Safety Measures:**
 - (1) Wear a mask while in public
 - (2) Avoid social gatherings and social distance
 - (3) Only be a part of essential activities
 - (4) Practice ‘buy, don’t shop’ while at stores
 - (5) Be mindful of COVID symptoms, and stay home if symptoms develop
 - b. If a positive COVID-19 laboratory test result is received on day 5, the member will transition to isolation.
 - c. Individuals in Quarantine with household members not on quarantine will adhere to the following guidance:

- (1) Household members will follow quarantine measures as directed by their vaccination status above.
 - (2) Effort will be placed to ensure proper social distancing and mitigation measures are followed.
 - (3) Those requiring quarantine may still elect to move into contingency housing for the quarantine period.
 - (4) Household members do not require a COVID test while residing with a quarantine member
 - (5) If household member develops symptoms, they will self-isolate and contact Public Health.
- d. JSDF personnel, LN employees, non-SOFA-status contractors, and visitors to U.S. facilities and areas who have been in close, personal contact with a person suspected of COVID-19 (or with someone diagnosed with COVID-19) will be denied access to all U.S. facilities and areas until cleared by competent U.S. medical authorities. These personnel will follow applicable GoJ guidance regarding quarantine protocols JSDF personnel who reside on a U.S. facility and area must either remain off the installation or in their quarters on the installation, e.g., dorm room.
2. **Isolation:** Isolation is applied when an individual has a known positive test for COVID-19. Measures during Isolation include:
- a. Positive members will isolate for at least 5 days in their own domicile or Bldg 1935/1936 followed by 2 days of additional installation ROM unless otherwise approved by the PHEO or CMA.
 - b. To leave isolation after day 5, infected individuals must be free of fever without using fever-reducing medications for the 24 hours prior to release and symptoms must be improving and have approval of the 35th Medical Group.
 - c. To be released from restriction to installation, infected individuals must have remained fever-free since release from isolation, developed no new or worsening symptoms, and any remaining symptoms must be improving. If these criteria are not met after day 7, restriction to installation will be extended until criteria are met or until a full 10 days have elapsed since start of symptoms or positive COVID-19 test result.
 - (1) COVID-19 positive members will be able to isolate in their own domicile as long as the following conditions are met:
 - (1) Isolated individual can maintain effective social distancing with other household members through use of a separate bedroom and bathroom and avoidance of use of shared spaces.
 - (2) Family members choosing to reside in the same residence but isolated from an isolated individual agree to go into residential quarantine for the duration of the isolation period, with a required COVID test on day 5. Note: Unit leadership approval required. All individuals release will be delayed until the COVID tests are confirmed to be negative.
 - (a) Those who are recovered COVID positive within 90 days may reside with a current COVID positive member, but will go into installation ROM for the duration of the current positive's isolation.
 - (3) The domicile is not a dormitory with a shared bathroom.
 - d. The member will remain in their isolation room and will have no physical contact with members not on isolation unless authorized by the PHEO or for urgent medical care.
 - (1) If an individual in isolation is required to lodge with a member who is not on isolation status without isolating in a separate part of the residence, such as may occur for a minor child who requires care, then a quarantine period will be required for the individual not on isolation after completion of the initial isolation period as determined by 35th Medical Group Public Health.
 - e. With permission from the 35th Medical Group, positive members may initially self-transport to the isolation towers.
 - (1) At no point will the member make any stops on their way to the isolation towers
 - (2) The vehicle used for self-transport to the isolation tower may be picked up from the parking lot after 72 hours has passed or after 24 hours has passed if a thorough sanitizing of the vehicle has been conducted.
 - f. The member will adhere to the standards for isolation within the "Notice of Isolation", which can be found at the end of this Directive.
 - g. Only the 35th Medical Group in coordination with the Public Health Emergency Officer may release a member on isolation status.
 - h. Members who isolated in the contingency lodging towers and have released from Isolation by the 35th Medical Group can check out of the room by conducting the following.
 - (1) Scan the QR code on the door for an out processing check list.
 - (2) Clean up after themselves and disinfect the room to the best of their ability.
 - (3) Check out of the room using the QR code and send an email to 35fss.fsvs.contingencylodging@us.af.mil with your

name, unit, contact information, time and date of check out.

- i. All travelers in isolation status leaving or entering the Japan AOR must complete the applicable isolation prior to departure.
 - j. The use of public transportation to include the Patriot Express is not authorized for the full 10 days from the start of symptoms or positive COVID-19 test result.
 - k. MILAIR/Patriot Express travel between day 6 and 10 of Isolation requires a letter of recovery and mission essential travel verification with an approved ETP by USFJ Chief of Staff.
 - l. JSDF personnel, LN employees, and visitors to U.S. facilities and areas suspected of or diagnosed with COVID-19 will be denied access to all U.S. facilities and areas until cleared by competent medical authorities. These personnel will follow applicable GoJ guidance regarding isolation protocols. JSDF personnel who reside on a U.S. facility and area must remain either off the installation or in their quarters on the installation, e.g., dorm room.
3. **Self-Isolation:** Self-Isolation will be applied when a member is deemed to be at high risk for infection with COVID-19 but contact tracing and/or testing for COVID-19 has not yet been completed. This may occur for newly recognized close contacts of a known, COVID-19 positive individual or for an individual with symptoms concerning for COVID-19.
4. Measures during self-isolation include:
- a. The member will remain within their individual domicile unless otherwise approved by the PHEO or as required to obtain COVID testing or seek urgent medical care.
 - b. The member will avoid close contact with all other individuals to include existing contacts and family members.
 - c. The member will utilize a separate bedroom and bathroom from others within the same household during the period of self-isolation.
 - d. The member will adhere to the standards for isolation within the “Notice of Self-Isolation” briefing from Public Health.
 - e. Members on self-isolation due to a high risk of exposure to COVID-19 will transition to quarantine if a negative COVID-19 when a negative test has been obtained.
 - f. Members on self-isolation found to have a positive COVID-19 test will transition to isolation.

COVID TESTING AND RESULTS

1. COVID Testing for personnel departing MAB or command/medical directed.
 - a. 35th MDG Tunnel operations drive-thru
 - (1) MDG Tunnel hours of operation can be found on the 35th Medical Group Facebook page or COVID-19 information page at <https://misawa.af.mil>.
2. COVID-19 Test results may be located by the member utilizing Tricare Online:
 - a. <https://www.tricareonline.com/tol2/prelogin/desktopIndex.xhtml>
 - (1) Login (DS or DFAS myPay username/password or CAC) → click “Health Record” → “Laboratory Results”
 - b. Travelers requiring pre-departure tests and not on the Patriot Express and unable to accomplish drive-thru testing must schedule a test through their PCM.
3. Pre-departure COVID Testing requirements **to the United States**⁽¹⁾
 - a. Pre-departure COVID tests are not required for travelers bound for the United States.
4. Pre-departure COVID Testing requirements **entering Japan**⁽¹⁾
 - a. All travelers who are not fully vaccinated (see definition, page 2) with at least one booster dosage will receive a molecular COVID-19 test (nucleic acid amplification test i.e. RT-PCR, LAMP, TMA, NEAR) 3 days prior to international departure and will maintain proof of the negative test during travel and will be exempt from entry testing regardless of vaccination status.
 - (1) Janssen primary series counts as 2 vaccines.
 - (2) If the traveler is unable to obtain a molecular COVID-19 test, an alternative viral test (antigen) may be used but the member will be subject to entry testing.
 - b. Commercial & MIL AIR (to include Patriot Express) – All travelers requiring testing will receive a COVID test prior to travel, except for those who have documentation of recovery from a previous COVID infection within 90 days of travel.
 - c. For travelers exiting quarantine status, the testing within 3 days of travel must be on or after day 7 of quarantine otherwise an additional test will be required for travel.
 - d. Members who tested positive for COVID-19 within the last 90 days must contact their PCM or location where the test was administered at least 3 days prior to travel to Japan to obtain a medical clearance letter. Please see the example letter attached on pg. 17. These members will be subject to entry testing at Japanese commercial airports.

5. Arrivals to Japan without a molecular pre-departure test will test within 1 day after arrival of their destination and are restricted to their residence or commercial airport until they receive a negative test result.
 - a. Arrivals from the Patriot Express will receive testing by Wing COVID Cell at the PAX terminal.
 - b. Arrivals into commercial airports in Japan will receive testing from the required airport 'spit test' and will wait for their results at the airport before continuing their travel.
 - c. Public transportation is not authorized without a negative entry test result.
6. Home Self-Test Kit use:
 - a. Self-test kits may **NOT** be used for travel clearance testing requirements.
 - b. If a member elects to utilize a self-test kit and receives a positive result they will immediately isolate and contact the 35th FW COVID Cell at DSN:226-2082.
 - c. Members may use a self-test kit for their contact tracing/quarantine release testing requirement.
 - (1) Members utilizing COVID self-test kits will test on day 4 & 5 or two consecutive days starting on day 4 with each test no closer than 24-hrs apart. If both tests are negative the member may be released from quarantine with Unit approval.
 - (2) Members may not leave quarantine to procure a COVID self-test kit, if a member does not already have a self-test kit, they will proceed to the testing tunnel on day 5.
7. Active-duty members, civilian employees, and contractors with credentialed recurring access who are not fully vaccinated require weekly, self-administered, supervised COVID testing coordinated through their unit or sponsoring organization in accordance with the DOD policy when the COVID-19 Community Level of High or Medium.
8. Official visitors must complete the DD3150 and if not fully vaccinated will require a COVID-19 test within 72 hours of access to DoD buildings on MAB in accordance with DOD policy when the installation is in a COVID-19 Community Level of High or Medium.
9. Members, flying MILAIR or Patriot Express to Japan unable to receive a COVID-19 test within 3 days of their travel may request an ETP from the first O-6 in their chain of command.
 - a. The ETP must identify the travelers unable to test and the reason a test was not possible. If an ETP is granted, member is restricted to their destination domicile or residence until in receipt of the first negative COVID-19 test.

UNIT RESPONSIBILITIES & WORKPLACE FLEXIBILITY

1. Units will use current Public Health guidance to determine business rules/risk.
 - a. Optional telework is authorized for personnel, it is not mandatory and up to unit discretion.
 - b. Customer service lobbies can be opened at unit discretion.
 - c. Mandatory alternating work shifts are not required and are left at Unit Commander's discretion.
2. Units will report the test result of any member who utilizes a COVID self-test kit for contact tracing to the Wing COVID Cell.
 - a. Members who utilize COVID self-test kits will test on day 4 & 5 or two consecutive days after day 4 with each test no closer than 24-hrs apart. If both are tests negative the member may be released from quarantine with Unit approval.
 - b. Members may not leave quarantine to procure a COVID self-test kit, if a member does not already have a self-test kit they will proceed to the testing tunnel on day 5.
3. Units are responsible for the notifying their members who have been identified as close contacts. Units will ensure members and their dependents quarantine and test IAW this policy.

TRANSIENT AIRCREW / TRANSITING THROUGH JAPAN

1. These measures are intended to minimize the risk to mission and personnel associated with transient aircrew operations at Misawa AB regardless of aircraft origination, destination, or nationality. The term transient aircrew also applies to associated support personnel (i.e. maintenance members). All transient aircrew operating on Misawa AB will follow the measures contained below.
2. **Command and Control:** All transient flights arriving to Misawa AB (ICAO: RJSM) will contact Misawa Command Post (35 FW/CP), 30 minutes prior to arrival and report if any crew, cabin attendants, or passengers are exhibiting symptoms of respiratory illness and/or fever.
 - a. If 35 FW/CP is notified of an ill individual on the plane, they will request an ambulance to be dispatched to the plane and notify Public Health.
 - b. Passengers/aircrew will not deplane. The ill individual will be triaged by a medic. No individuals other than medical will be allowed to board the aircraft until released by the PHEO. The PHEO will determine disposition of the passengers/aircrew (e.g. quarantine vs. self-observation) and when they are medically cleared to deplane.

- c. If symptoms are not present, all arriving aircrew that will disembark and remain overnight, regardless of origin, must contact the 35 FW/CP Commercial: 0176-77-3500 or DSN 315-226-3500. The aircraft commander or designated crew member will report to 35 FW/CP to receive and sign acknowledgment of this memorandum and brief all their members.
3. **Medical Screening:** All crews will be screened by a member of the 35th FW, including a questionnaire. Medical personnel will provide further guidance if any aircrew member presents symptoms of COVID-19.
 - a. Transient aircrew who had a negative molecular pre-departure COVID test will be exempt from the ROM requirements regardless of vaccination status. Aircrew without a molecular pre-departure COVID test will follow the ROM guidance below.
 - b. Transient aircrew will only receive a COVID-19 test on Misawa AB if they are experiencing symptoms or have been exposed to a COVID-19 positive individual.
4. **ROM Requirements:**
 - a. Transient aircrew members will be in Installation ROM if they did not receive a negative molecular pre-departure test.
 - b. Transient aircrew whose stay has been extended may have their ROM restrictions lifted with approval from the PHEO.
(1) Members will coordinate this request through the Wing COVID Cell DSN: 226-2082.
 - c. Personnel arriving to Misawa from within Japan and have been physically within Japan's borders for at least 7 days prior to arriving at Misawa and traveling via military aircraft will not be subject to installation ROM.
5. **Transportation:** 35th Logistics Readiness Squadron will provide buses for dedicated transient aircrew movement (28-passenger and 44-passenger buses as required).
 - a. Vehicles are cleaned after each crew run, and the first two rows are roped off for social distancing. Vehicle operators will not remain onboard during crew loading/unloading.⁽⁴⁾
 - b. Ground Transportation will only transport aircrew between the aircraft, Command Post, Base Operations, and lodging and for food as needed to ensure mission completion. No other stops are authorized.
6. **Lodging:** Transient aircrew will be billeted on base at Misawa Inn to the fullest extent possible.
 - a. Transient aircrew may only be lodged off base if they had a negative molecular pre-departure test.
 - b. If lodging was not coordinated prior to arrival, reservations will be accomplished at the Command Post after the Mission Commander briefing.
7. The sponsoring unit for TDY members will ensure the member's health and welfare are taken care of (meals, hygiene items, etc.,) as well as ensuring TDY members understand the Misawa COVID-19 policy and directives.
8. **Food Support:** Due to the heightened risk of spreading COVID-19, food options are limited.
 - a. Flight meals are also available for order through the DFAC at 226-2966 (DFAC open 24-hrs). Provide a minimum of 4-hour notice for orders of 5 flight meals or less, and 24-hour notice for orders of 6 flight meals or more. Food pick up will be coordinated with LRS to occur during the aircrew's pick-up from the aircraft to Command Post and Lodging.
9. If you have any questions or need additional guidance, please contact: 35 FW/CP: DSN 315-226-3500,
 - a. 35 FW COVID Cell: DSN 315-226-2082; 35 LRS Ground Transportation Operations Center: DSN 315-226-3328.
10. **Patriot Express Breakdowns:** Travelers transiting Japan on MILAIR/PE flights who make temporary or unexpected stop due to maintenance or weather are exempt from arrival testing, as long as they remain on installation.

REFERENCES

- (1) [USFJ Force Health Protection Order 22-002 FRAGO 007 \(25 August 2022\)](#)
- (2) [Consolidated Department of Defense Coronavirus Disease 2019 Force Health Protection Guidance \(8 August 2022\)](#)
- (3) [U.S. Indo-Pacific Command Force Health Protection Guidance Supplement 14 \(06 Jan 2021\)](#)
- (4) [CDC COVID-19 Guidance for Cleaning and Disinfection for Non-emergency Transport Vehicles \(14 Apr 2020\)](#)

MISAWA AIR BASE PREDEPARTURE COVID-19 TRAVELER'S RISK BRIEFING

PART I. INSTRUCTIONS

- a. Unit Commanders must ensure that military personnel assigned to Misawa Air Base are briefed on precautionary measures to prevent the spread of COVID-19, prior to departure for travel within or outside of Japan.
- b. The Unit Commander, first sergeant, flight commander, or immediate supervisor will conduct this briefing.
- c. Briefers **MUST** go over the following information listed under Part II, with their member. For additional information, please reference: <https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-during-covid19.html> or have the member contact the Public Health at 226-6116.
- d. Part IV, "Statement of Understanding," will be completed and signed by both the departing member and by the Unit Commander, first sergeant, flight commander, or immediate supervisor for approval prior to member's departure.
- e. As proof of documentation, the unit must maintain a signed copy of this briefing form until further direction from the installation commander.

PART II. BRIEFING GUIDE

The Centers for Disease Control and Prevention (CDC) lists Japan at a "Level _____"
Please reference: https://wwwnc.cdc.gov/travel/destinations/traveler/none/japan?s_cid=ncezid-dgmg-travel-single-001
The virus is spread from person-to-person and symptoms include fever, cough, chills, shortness of breath, and sudden loss of taste or smell. Monitor your health daily; be alert for symptoms and if possible, bring a thermometer with you. The best way to prevent the spread of COVID-19 is to always practice prevention measures.

- 1. During travel, always wear a mask when out in public especially on public transit, except when eating and drinking. Wash your hands often. Lather hands with soap for 20 seconds, rinse with warm water. Sanitize with >60% alcohol sanitizer after washing or if soap/water is not available. Pack hand sanitizer and use often, especially after touching commonly touched surfaces.
- 2. Avoid touching your eyes, nose, and mouth. Always cover your cough and sneeze with a tissue then immediately throw it away or use your inner elbow if no tissues are available.
- 3. Avoid touching any public surfaces. When this is unavoidable (e.g., using a check-in kiosk, entering a PIN on a credit card readers, fastening a seatbelt, using the restroom, etc.) wash hands or use hand sanitizer immediately.
- 4. Maintain physical distancing (at least 6 feet) from others at all times, except when passing momentarily. If unable to maintain at least 6 feet of distance from another person (for example, when seated on an aircraft, bus, or train), avoid physical contact and document the occurrence, including the amount of time within 6 feet, whether the other person was wearing a mask, and whether the other person exhibited any symptoms of illness (for example, cough).
- 5. COVID-19 mainly spreads from person to person but it can occasionally be left behind on objects and surfaces. If you touch something contaminated and then touch your face or someone else's face, you might fall ill. Protect yourself while shopping and use disinfecting wipes if available.
- 6. If at any time during your travel, you or your dependents develop symptoms related to COVID-19, **DO NOT** go out in public. Seek medical attention by using a telephone first. Follow their instructions and notify someone in your chain of command immediately.

PART III. REVIEW

Commanders will review Restricted Area of Japan (map), Off-Base Liberties, Leave & Pass, Functions On or Off Base, and determine the risk and if additional mitigating measures are needed.

PART IV. STATEMENT OF UNDERSTANDING

I, (Rank/First & Last Name) _____, have been briefed by my (circle one of the following: Unit Commander, First Sergeant, Flight Commander, or immediate supervisor), on the COVID-19 related risks with traveling.

I fully understand the intent of this briefing and have addressed all my concerns with my briefer. If at any time during my travels, I develop symptoms related to COVID-19 or suspect possible infection, I will NOT go out in public; I will seek medical attention by telephone first; and I will contact someone in my chain of command immediately. I have been instructed to review and abide by all COVID-19 Leave and Pass directives.

PRINT FIRST NAME/LAST NAME, GRADE AND ORGANIZATION OF INDIVIDUAL BRIEFED

DATE BRIEFED

SIGNATURE OF INDIVIDUAL BRIEFED

BRIEFED AND REVIEWED BY: PRINT FIRST NAME/LAST NAME, GRADE, AND DUTY TITLE

SIGNATURE OF BRIEFER



FOR OFFICAL USE ONLY

DEPARTMENT OF THE AIR FORCE
35TH FIGHTER WING (PACAF)
MISAWA AIR BASE, JAPAN

MEMORANDUM FOR ALL TDY PERSONNEL TO MISAWA AB

FROM: 35 FW/PHEO

SUBJECT: Pre-Arrival Health Screening

1. The 35th Medical Group is currently following the Centers for Disease Control and Prevention Risk Assessment and Decision Making guidance for the 2019 Coronavirus.

2. In an effort to prevent potential spread of this virus on Misawa AB (MAB), the Public Health flight will perform a Pre-Arrival Health Screening of Temporary Duty (TDY) personnel projected to operate on Misawa AB from outside the local area (Tohoku Region). This information is collected to guide 35th Fighter Wing leadership team in making a risk based decision when granting Exception to Policies.

3. Pre-arrival health screening questions:

A. TRAVELER INFORMATION

Name (Last, First Name, Middle Initial): Rank/Grade:

DoD ID Number: Date of Birth:

Contact info: Assigned Unit, Installation:

Current residence (circle one): on base / off-base Mode of travel to MAB:

Sponsoring Unit on MAB: Dates of operation on MAB:

B. HEALTH HISTORY

Have you been recently diagnosed with COVID-19? Yes No

Have you been exposed to anyone with or suspected of having COVID-19 in the last 14 days? Yes No

Have you travelled outside of Japan in the last 14 days? Yes No (If yes where and when:)

Have you received the COVID-19 Vaccine? YES NO DECLINE

BRAND (circle one) Pfizer Moderna J&J Other

DATE OF "FULL VACCINATION STATUS" (two weeks after last shot)

Are you within six-months of being fully vaccinated? YES NO DECLINE

Have you received the COVID-19 Vaccine Booster YES DATE NO DECLINE TO RESPOND

Note: Failure to disclose vaccination status will categorize you based on the extent of your disclosure.

In the last 14 days, have you experienced any of the following symptoms?

Fever or Chills Shortness of breath Sore Throat Headache Cough Muscle Pain Fatigue New loss of smell/taste Yes No Yes No Yes No Yes No Yes No Yes No Yes No

4. If you have any questions or concerns regarding this pre-arrival health screening, contact Public Health at 226-6116.

////SIGNED////

MIKAELA KIM, Lt Col, USAF,
35th Fighter Wing Public Health Emergency Officer

“The information herein is For Official Use Only (FOUO) which must be protected under the Freedom of Information Act of 1966 and Privacy Act of 1974, as amended. Unauthorized disclosure or misuse of this PERSONAL INFORMATION may result in criminal and/or civil penalties”



**DEPARTMENT OF THE AIR FORCE
35TH FIGHTER WING (PACAF)
MISAWA AIR BASE, JAPAN**

17 July 2022

MEMORANDUM FOR: Airlines and Public Health Officials

FROM: 35 Misawa AB/MDG COVID Cell

SUBJECT: Travel Clearance for First name Last name

1. A1C Doe (DOB: XX Aug XXXX) is fully vaccinated against COVID-19. He/She tested positive for COVID-19 on XX June XXXX by PCR testing.
2. A1C Doe underwent an isolation period in accordance with CDC and was released on XX June XXX. He/She is healthy, currently without COVID-19 symptoms and is medically cleared for travel.
3. Due to his/her recent COVID-19 infection, he/she should not be retested until XX Sept XXXX as long as he/she is without COVID-19 symptoms. With exception to arrival testing entering Japan through a commercial airport.
4. Summary of the above in Japanese: この人は、新型コロナウイルス陽性になった事があります。この人は、10日間の隔離期間を終了しました。この人は、渡航を許可されています。
5. Please feel free to contact me at 226-XXXX, 0176-77-XXXX or email address with any questions or for further assistance.

Name of Provider
Name of Facility Tested

NOTICE OF QUARANTINE

USFJ Quarantine period is 5 days for 'not-up-to-date' or unvaccinated

After 5-days of quarantine, members will be on 5-days of 'additional safety measures.'

DO NOT LEAVE the installation while in Quarantine. If you are caught outside Misawa Air Base during Quarantine, you will be reported your unit leadership. Day 1 starts the day after last exposure to positive. Make sure you notify your unit and MDG if you are experiencing symptoms, Please call 0176-77-2082. Release from installation ROM requires DAY 5 TEST with a NEGATIVE TEST RESULT.

WHAT TO DO IF I'M SICK

Do NOT go to the URGENT CARE CLINIC!
You are required to contact medical personnel once you experience any signs or symptoms.



DSN: 315-226-2082

COMM: 0176-77-2082

COVID-19 SYMPTOMS:

- Fever
- Chills
- Muscle ache
- Headache
- Diarrhea
- Sore throat
- Loss of taste/smell
- Cough
- Difficulty breathing
- Shortness of breath



During QUARANTINE, minimize face-to-face contact with anyone outside of MDG personnel.

Individuals in Residential ROM, QUARANTINE, OR ISOLATION will post a Increased Health Risk Sign on their door. The sign can be found in the MAB Directive.

Food Delivery options

You may also order takeout for delivery from restaurants on the installation. Orders will be delivered straight to your door from the respective dining service.

Visit: www.aafesprem.imenu360.com/mainland-Japan.html to order.



You can coordinate through unit to purchase any items from Misawa exchange and Commissary.



A Chaplain is available. 24/7 at 315-226-4630 or Command Post 315-226-3500

A Military and Family Life Counselor (MFLC) is available during normal duty hours. MFLC: 315-226-2147

NURSE ADVICE LINE

011-888-901-7144 (US)

0120-99-6985 (JP)

TRICARE members may view test results online.

<https://www.tricareonline.com/tol2/prelogin/desktopIndex.xhtml>

[opIndex.xhtml](https://www.tricareonline.com/tol2/prelogin/desktopIndex.xhtml)

Login (DS or DFAS myPay
username/password or CAC)

click iHealth Recordw iLaboratory Resultsw



<https://www.tricareonline.com/tol2/prelogin/desktopIndex.xhtml>

CALLING A DSN FROM JAPAN CELL: START WITH 0176-77+LAST 4 DIGITS OF THE DSN LINE

NOTICE OF ISOLATION

USFJ Isolation period is 5 days with an additional 2 days of installation ROM

DO NOT LEAVE your assigned quarters while in ISOLATION except in case of a medical emergency or fire in the domicile. No visitors are allowed. If you are caught outside your domicile during isolation, you will be reported your unit leadership. The MDG will assess isolated personnel at the end of Isolation period. Please call 0176-77-2082 (option 2) if you are feeling symptoms. Medical clearance from isolation requires 5 days and approval from the delegated 35 MDG provider unless otherwise approved by the PHEO or Installation Commander.

WHAT TO DO IF I'M SICK

Do NOT go to the URGENT CARE CLINIC!
You are required to contact medical personnel once you experience any signs or symptoms.



DSN: 315-226-2082

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COVID-19 SYMPTOMS:

- Fever
- Chills
- Muscle ache
- Headache
- Diarrhea
- Sore throat
- Loss of taste/smell
- Cough
- Difficulty breathing
- Shortness of breath



During ISOLATION, No face to face contact will be allowed with anyone outside of medical personnel.

Individuals in Residential ROM, QUARANTINE, OR ISOLATION will post a Increased Health Risk Sign on their door. The sign can be found in the MAB Directive.

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[desktopIndex.xhtml](#)

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click iHealth Recordsw iLaboratory Resultsw



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0120-99-6985 (JP)

CALLING A DSN FROM JAPAN CELL: START WITH 0176-77+LAST 4 DIGITS OF THE DSN LINE

LIMITED SOCIAL CONTACT ZONE



接触制限区域



MASKS REQUIRED

マスク着用必須

SOCIAL DISTANCING REQUIRED

ソーシャルディスタンス確保

LEAVE DELIVERIES AT DOOR

荷物はドアの前に

ATTACK TO DEFEND